

The Official News Letter of Indian Orthodontic Society

IOS TIMES

Wishes

Happy Children's (

Presidents message

Respected IOS Members,

Festive Greetings..!!!

This is the time when the entire Indian Community celebrates the festival of Lights, meeting relatives, friends and strings of love between each other are strengthened.

The first calendar event, Orthodontic Week and Orthodontists day was widely celebrated across the country. I am thankful to entire membership for using the social media frame as profile picture on all social media platforms showing solidarity in front of other associations and reaching out to general public with a buzz word i.e. Orthodontist.

Due to increased demand, the last date to receive the competition entries was extended to Oct 15th 2022. The head office received more than 250 emails of the entries for IOS week celebrations on which the judges were amazed to see the talent of participants. The category of wire bending - Inspiring Wires received the maximum entries.

On the subsequent Sunday, 16th October, a webinar on Practice Management-Season 1 was held in which two senior Orthodontists- Dr. Joseph Verghese (Past President IOS) & Dr. Amish Mehta (past Vice President IOS) mesmerized the members for 2 hours.

It was a very successful event & was very well appreciated by all members. We shall be having 5 seasons of this Practice Management series during this academic year.

One of the major challenges to Orthodontic Community is the DIY Aligners for which the vibrant executive committee is working from all the fronts like Public Awareness, Legal Council, talking to experts, social media campaigns etc. We are sure to bring an end to this soon.

This year we have planned a variety of activities.

Looking forward to everyone's participation to make them successful.

Jai Hind, Jai IOS !!!

Dr. Balvinder Singh Thakkar

President IOS

President's Message



Secretary's Message



Esteemed Members of IOS

Happy Orthodontist's Day to all of you.

I hope this issue of IOS TIMES finds you in good health and happiness.

This month was full of activities and celebration all around the nation in various departments and study groups.

- Program Endorsed in this months
- Biomechanics in Orthodontics, Date 10-11 oct Speaker- Dr Vinay Chugh Organized by- Babu Banarasi Das Dental College, Lucknow
- 2. Clinical Enrich, Webinar by Madras orthodontic study group, Date- 9 oct Speakers- Dr Eser Tufekci and Dr Binnaz Leblebicioglu
- 3. Hands on course on Aligner Treatment Mechanics, Date 17-18 oct Organized by Bapuji Dental College, Davangere
- Hands on on contemporary edgewise and segmented arch mechanics Date- 14,15 oct, Speaker -Dr Balasubramanian Madhan Organised by -AME'S Dental College, Raichur
- 5. Hands on Workshop on In House Aligners, Date-11-12 Nov Speaker - Dr Dhiraj Shetty and Dr Shravan Shetty Organized by GSL Dental College, Rajahmundhry
- Avant-garde Orthodontics, Date- 11 Oct Speakers- Dr Ashwin Mathew George, Dr Vineeth Vt, Dr C Nirupama Organized by ANIDS VIZAG
- Pathways to Morthrcs, Date-19 Nov Speakers- Dr Jagadish Prabhu, Dr Sanjay Labh, Dr Mukundan Vijayan, Organized by Trivandrum orthodontic study group
- 8. **IOS Practice Management Webinar**, Date 16 oct Speakers-Dr Joseph Verghese, Dr Amish Mehta
- 9. Orthodontic Conscientia II: Footsteps to PEA Mechanics, Date 21-22 nov Speaker-Dr P Janardhanam, Organized by Azeezia Dental College, Kollam
- 10. **IZC and BS -a new paradigm in orthodontics**, Date-22 nov Speaker- Dr Suryakanta Das, Organized by – Himachal Dental College,Sundernagar
- 11. Aligner Workshop on Staging and Biomechanics, Date-16 Oct Speaker-Dr Ivan Pelalez Duque and Dr Chindan Valia Organized by OSGOD & amp; NOSG
- 12. **Biomechanics from Basics to Advanced**, Date-20 Oct Speakers-**Dr Jayesh Rahalkar and Dr Chetan Jayade** Organized by- D Y Patil Dental School, Lohegaon
- Enlightment 2022, Date- 16 oct Speakers-Dr Sumalatha, Dr MM Varadhraja, Dr Rajasekhar, Dr Nagalaxmi, Dr Anusuya Organized by Vivekananda Dental College for Women
- 14. **Basic Life Support**, Date 20Nov Organized by Bombay orthodontic study group
- 15. **Passive Self Ligation in Orthodontics**, Date- 16 nov **Speaker -Dr C S Ramchandra**, Organized by OSGOL

We have received overwhelming response from orthodontist all around nation on this special occasion ,this is definitely going to be very helpful in popularizing orthodontics in general public.

Stay happy, keep creating beautiful smiles

Jai hind, Jai ios

Sincerely,

Prof. (Dr.) Sanjay Labh

Hon. Secretary, IOS

NIE

"Our Unity is our Strength and Diversity is Power"

Kamala Harris

As the year gradually comes to an end, with a treasure full of memories we are looking ahead to creating more memories and milestones for the years to come.

I have always wanted this publication to be a reflection of the work, power and spirit of our community.

In this issue we present the nationwide celebrations of Orthodontic week by various colleges and clinicians in a big thumping way. The sheer number of participation has us in awe and it was quite a task to include everyone in the issue. It is such a proud feeling to see all our members participating in unison for a common cause "Our love for Orthodontics"!

You will also get a glimpse of the various enriching IOS endorsed programs carried out in the country with national and international speakers including the newly introduced practice management webinars.

This issue might look and sound a bit different from the usual as this time we have got some novel interesting content to engage our readers.

A section of "Orthotainment" where we get to showcase the creativity, talents and alternate career achievements of our members will add some flavour and spice to our magazine. It's always interesting to know more about your fellow members apart from regular academics.

The interview with Dr Ashish Gupta in this section gives a sneak peek into the sheer grit and determination of this orthodontist and am sure will motivate many of us.

A section for case presentations by student members has been included to showcase their work and achievement.

With the new year unfolding, we wish to include more engaging content to bring the best of Orthodontics and our Orthodontists to you! A big thank you for the continued support!

Jai Hind, Jai IOS.

Regards Dr. Santosh Ramegowda Editor, IOS Times

Editor's Message



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Dr Kannan Sabapathy



IOS CALENDAR OF EVENTS 2022-23



Event	Date	Day	Venue	Contact Person	Phone No	Email ID
1 ST EC MEETING	18 th SEPT 2022	Sunday	PUNE	DR. JAYESH RAHALKAR	9822056681	jayeshrahalkar@gmail.com
NATIONAL ORTHODONTIC WEEK / ORTHODONTIST DAY	1 th –7 th OCT 2022 5 th OCT 2022	Saturday - Friday	PAN INDIA	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
PRACTICE MANAGEMENT SERIES	16 th OCT 2022	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
IOS FRIDAY RENDEZVOUS	28 th OCT 2022	Friday	VIRTUAL	DR AJAY KUBAVAT	9824122642	<u>kubavatajay@gmail.com</u>
IBO AWARENESS PROGRAM	19 th NOV 2022	Saturday	JAIPUR	DR ASHWIN MATHEW DR SALIL NENE	9840032771. 9822871387	ibochairman@iosweb.net ibosecretary@iosweb.net
2 ND EC MEETING	20 th NOV 2022	Sunday	JAIPUR	DR BALVINDER SINGH THAKKAR	9829213700	president@iosweb.net
IOS FRIDAY RENDEZVOUS	25 th NOV 2022	Friday	VIRTUAL	DR AJAY KUBAVAT	9824122642	kubavatajay@gmail.com
ART AND SCIENCE OF CRAFTING STANDOUT RESEARCH	2 nd - 3 rd Dec 2022	Friday - Saturday	NEW DELHI	DR HARNEET KAUR	9817467002	dr.harneetkaur@gmail.com
PRACTICE MANAGEMENT SERIES	11 th DEC 2022	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
IOS FRIDAY RENDEZVOUS	23 rd DEC 2022	Friday	VIRTUAL	DR DEENA DAYALAN	9840895100	dheena.mds@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP	5 th – 7 th JAN 2023	Thursday- Friday - Saturday	KOLKATA	DR PARTHA PRATAM	9163239583	doctorpartha@gmail.com
ORTHODONTIC PREMIER LEAGUE	21 st – 22 nd JAN 2023	Saturday - Sunday	COORG	DR SANTOSH RAMEGOWDA DR GOUTHAM B	9845428008 9900620536	ramegowdasantosh@gmail.co m drgouthamreddy2000@gmail. com
PHASE II IBO ONLINE EXAMINATION	23 th JAN 2023	Monday	VIRTUAL	DR ASHWIN MATHEW DR SALIL NENE	9840032771. 9822871387	ibochairman@iosweb.net ibosecretary@iosweb.net
REPUBLIC DAY	26 th JAN 2023	Thursday	VIRTUAL	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
PG ORIENTATION	27 th – 28 th Jan 2023	Friday - Saturday	BELGAUM	DR K M KELUSKAR	9448136832	drkeluskar@gmail.com

PRACTICE MANAGEMENT SERIES	5 th FEB 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
3 RD EC MEETING	19 th FEB 2023	Sunday	LUCKNOW	DR SUDHIR KAPOOR / DR RAJ KUMAR JAISWAL	9415022735 9415023934	kapoorclan@hotmail.com drrajkumarjaiswal@yahoo.co.i n
IOS PG CONVENTION	16 th – 19 th FEB 2023	Thursday - Friday - Saturday - Sunday	LUCKNOW	DR SUDHIR KAPOOR	9415022735	kapoorclan@hotmail.com
IOS FRIDAY RENDEZVOUS	24 th FEB 2023	Friday	VIRTUAL	DR REJI ABHRAAM	9947357788	rejiabm@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP - ADVANCED COURSE	9 th – 11 th Mar 2023	Thursday - Friday - Saturday	INDORE	DR ASHISH GARG DR AMIT BHARDWAJ DR SURYANSH DILLIWAL	9826340056 9826550696 9893064911	drgargs_1@yhoo.com_ dramit2211@yahoo.in_
IOS PG ORIENTATION PROGRAM	17 th – 18 th MAR 2023	Friday - Saturday	JAIPUR	DR SEEMA CHOUDHARY DR SAURABH CHATURVEDI	9829125999 9468869266	drseemaortho@gmail.com drsaurabh84@yahoo.com
INTERNATIONAL ORTHODONTIC SYMPOSIUM	24 th – 27 th MAR 2023	Friday - Saturday - Sunday - Monday	COORG	DR SUNIL MUDDAIAH DR ANMOL KALHA DR GOUTHAM B	9448113013 9910017111 9900620536	drsunilmuddaiah@gmail.com anmolkalha@gmail.com. drgouthamreddy2000@gmail. com
IBO DIPLOMATE MEET & AWARENESS PROGRAM	31 st Mar- 2 nd Apr 2023	Friday - Saturday - Sunday	CHENNAI	DR ASHWIN MATHEW	9840032771	ashwingeorge90@yahoo.com
ROAR (RAMACHANDRA ORTHODONTIC ACCELARATED REVIEW)	3 rd – 5 th Apr 2023	Monday - Tuesday - Wednesday	VITUAL	DR. VIGNESH KAILASAM DR SRIDEVI P	9840237177 9600077428	theorthodontist@gmail.com sridevipadu@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP	6 th – 8 th Apr 2023	Thursday - Friday - Saturday	GHAZIABAD	DR PAYAL SHARMA /. DR PIUSH KUMAR	9212708451 9811307935	drpsharma25@yahoo.com piushkumardf@its.edu.in
WILD LIFE PHOTOGRAPHY	14 th – 16 th Apr 2023	Friday - Saturday - Sunday		DR RAGHUNANDAN CHANDURI/ DR ARIHANT JAIN	9845187614. 7417670908	drraghucvl@yahoo.com arihantjainortho@gmail.com
NATIONAL TYPHODONT WORKSHOP(SOUTH ZONE)	20 th – 22 nd APR 2023	Thursday - Friday - Saturday	CHENNAI	DR C DEEPAK	9840060745	drcdeepak1307@gmail.com
MID-YEAR CONVENTION	29 th APR – 6 th MAY 2023	Saturday - to Next Saturday	TENTATIVE JAPAN	DR BALVINDER SINGH THAKKAR DR DIVYAROOP RAI	9829213700 8233625656	doctorbalvinder@gmail.com dr.divyaroop@gmail.com
PRACTICE MANAGEMENT SERIES	7 th MAY 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
WORLD ORTHODONTIC HEALTH DAY	15 th MAY 2023	Monday	PAN INDIA	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
INTERDICIPLINARY ORTHODONTICS SYMPOSIUM	20 th MAY 2023	Saturday	HYDERABAD	DR SHUBHAKAR RAO	9949095427	shubhaker@gmail.com
4 TH EC MEETING	21 st MAY 2023	Sunday	HYDERABAD	DR SHUBHAKAR RAO	9949095427	shubhaker@gmail.com
IOS FRIDAY RENDEZVOUS	26 th MAY 2023	Friday	VIRTUAL	Dr A EDEINTON ARUMUGAM	9841121575	edeinton@gmail.com

IOS SYMPOSIUM ON CLINICAL CASE REPORTS (GRANDEUR II)	5 th – 6 th JUN 2023	Monday - Tuesday	VIRTUAL	DR SURYAKANTA DAS	9861099237	orthosuryakantadas@gmail.co m
SOUTH ZONE PG CONVENTION	9 th – 11 th JUN 2023	Friday - Saturday - Sunday	SALEM	DR SABRINATHAN. DR PRABHAKAR KRISHNAN DR R RANGANATHAN	9843190022 9843688271 8489988999	orthosat@gmail.com
ORTHO GEDI	23 rd – 24 th JUN 2023	Friday - Saturday	AMRITSAR	DR SARABJEET SINGH DR SUKHDEEP SINGH KAHLON DR CHETAN DEV BOPARAI	9876061283 9888897473 8566031983	sarabjeet3400@yahoo.com singhkahlon@yahoo.com drchetandevsingh@yahoo.co.i n
IOS FRIDAY RENDEZVOUS	30 th JUN 2023	Friday	VIRTUAL	DR UDAY KUMAR DIGUMARTHI	9949818001	drsaiuday@gmail.com
PRACTICE MANAGEMENT SERIES	9 th JUL 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
INNOVATION CONCLAVE	15 th – 16 th JUL 2023	Saturday - Sunday	VIRTUAL	DR JAYESH RAHALKAR DR RAJAGANESH GAUTAM	9822056681 9890389945	jayeshrahalkar@gmail.com rajaganeshgautam@yahoo.co m
2 ND INVISIBLE ORTHODONTICS SYMPOSIUM	21 st – 22 nd JUL 2023	Friday - Saturday	VIZAG	DR SRIKRISHNA CHALASANI	9849477777	orthodontist7@gmail.com
IOS FRIDAY RENDEZVOUS	28 th JUL 2023	Friday	VIRTUAL	DR ANAND TRIPATHI	9422560650	anand.tripathi86@gmail.com
NATIONAL CLEFT AND CRANIOFACIAL ORTHODONTICS PROGRAM	5 th – 6 th Aug 2023	Saturday - Sunday	BANGALORE	Dr HEMANTH M DR VIRAG BHATIA	9845459666 9826021997	hemanth984545@gmail.com viragbhatia@yahoo.co.in
DIGITAL ORTHODONTIC-THE FUTURE	12 th – 13 ^h AUG 2023	Saturday - Sunday	AIIMS NEW DELHI	DR RITU DUGGAL / DR PUNEET BATRA	7838390003/ 9810335961	ritudug@gmail.com / drpuneetbatra@gmail.com
INDEPENDENCE DAY	15 th AUG 2023	Tuesday	VIRTUAL	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
IOS CHRONICLES (IOS JOURNALS SYMPOSIUM)	18 th – 19 th AUG 2023	Friday - Saturday	VIRTUAL	DR VIGNESH KALAISAM DR SARVARAJ KOHLI	9451570848 9425152568	theorthodontist@gmail.com sarvraj.kohli@gmail.com
EOGM	14 th SEP 2023	Thursday	MEERUT	HON. SECRETARY- DR SANJAY LABH	9313483570	sanjaylabh@gmail.com
5 TH EC MEETING	15 th SEP 2023	Friday	MEERUT	DR PRADEEP RAGHAV DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
57TH INDIAN ORTHODONTIC CONFERENCE	15 th – 17 th SEP 2023	Friday - Saturday - Sunday	MEERUT	DR PRADEEP RAGHAV DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
AGM	16 th SEP 2023	Saturday	MEERUT	DR PRADEEP RAGHAV/ DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com



Bapuji Dental College & Hospital, Davangere – 4. <u>Orthodontic week celebration</u>



Where hopes are nurtured and knowledge is harvested. Lets celebrate this share of knowledge.

DEPARTMENT

NATURAL MOCKTAILS





MUSICAL CHAIR





ORTHO QUIZ



BANGALORE INSTITUTE OF DENTAL SCIENCES BANGALORE

DEPARTMENT OF ORTHODONTICS

ORTHODONTICS WEEK CELEBRATION 2022









"FOSTERING SMILES GLOBALLY"

REPORT ON NATIONAL ORTHODONTIST DAY

Department of Orthodontics & Dentofacial Orthopaedics, Sri Aurobindo College of Dentistry, Indore along with MPOSG has organized a program on the occasion of National Orthodontist Day in our esteemed institution on 4th October 2022.

The theme of program was creating awareness about Orthodontics and overall health. The tagline of the program as given by WHO was "A L O O K C A N C R E A T E RELATIONSHIP AND A HEALTHY SMILE CAN CHANGE ALIFE".

The program was aimed to celebrate National Orthodontist Day, the foundation day of the Indian Orthodontic Society (IOS). IOS was established on 5th October, 1965 by 7 founding members. The program comprised of various enthusiastic activities: Rangoli Competition, Meme Competition, Reel Competition, Creating wire bending Competition, Slogan Competition, followed by prize distribution to the winners.

To grace the occasion Principal Dr Kanteswari was present and appreciated the importance of the event, HOD Dr Ashish Garg talked



about the awareness against malpractices. Dr Suryansh Dilliwal and Dr Kamal Shikha Baheti convenors of MPOSG judged the competition and awarded the winner along with other dignitaries, Dr Amit singh choudary and Dr Amit Tripathi were also present at the event.

Overall the event was a huge success by active participation of BDS 1st , 2nd , 3rd, Final year students, Interns and Post-graduate students.

Jai Hind.Jai IOS.

Winners of the Slogan competition- Ruquaiah, Atharv Agrawal. Winners of the Meme competition- Kanika Gupta, Sania Khan. Winners of the Wire bending competition- Lipika, Aman Vatsa. Winners of the Reel competition- Sakshi Sharma & Saloni, Vedangi Shrivastava. Winners of the Rangoli competition- Dr. Sania Khan, Dr. Subhi aliya.

RANGOLI COMPETITION



CREATIVE WIRE BENDING COMPETITION



MEME COMPETITION

















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Madhya Pradesh Study group

Glimpses of Orthodontic week celebrated in department of orthodontics, on 06/10/2022 at College of Dental Science and Hospital, Rau, Indore, occasion was observed by Dr Suryansh Dilliwal (convener MPOSG) and Dr Kamalshikha Baheti (co-convener MPOSG). Post graduate as well as under graduate students participated in various competitive events like Rangoli, Innovative wire bending, slogans competition, department was also decorated.

Dr Amit Singh Nirwan (Dean), Dr Rakesh Thukral (HOD), Dr Rajeshwar Singh (Reader), Post graduate students of Orthodontics - Dr Janhvi Rane, Dr Rachna Rajani, Dr Ruchi Kansana, Dr Abhinav Panchoriya, Dr Kratika Lalwani, Dr Ushhma Jindal and under graduate students, all enthusiastically participated in the program.

























The Oxford DENTAL COLLEGE, BANGALORE

Department of Orthodontics Orthodontic week celebration



I only trust my orthodontist to straighten my smile



ANIL NEERUKONDA INSTITUTE OF DENTAL SCIENCES, SANGIVALASA, VISAKHAPATNAM.

The Orthodontic week was commenced on 1st October 2022 in Anil Neerukonda Institute of Dental Sciences, Visakhapatnam to mark the occasions of National Orthodontist's Day (5th Oct). Due to overlapping of Dasara Holidays it was deferred to 7th Oct 2022. Various Heads and staff of all the departments were invited.

The following are the different events organized during the whole orthodontic week.

1st October: Soap carving and creative orthodontic wire bending competition on orthodontic context was conducted for undergraduate students





3rd October: Face painting and memes competitions were held for undergraduate students.

7th October: Flash mob was performed by Faculty, Post graduates and Undergraduate students. Valedictory function was held and prizes were distributed to the winners.

6th October: Screening camp was conducted by our Postgraduates and faculty at zilla parishad high school, Tallavalasa. During the camp session, awareness about orthodontic treatment was elaborated by Dr. Uday Kumar Digumarthi, Professor and HOD, Department of orthodontics.





The Department was decorated on festive mood all throughout the week



11th October: CDE program was conducted as a continuation of orthodontic week. The guest speakers for the program were Dr Ashwin Mathew George (Chairman, Indian Board of Orthodontics), Dr Vineeth V Thundukattil (Professor and Azeezia college of Dental Sciences and Research, Kerala) and Nirupama C (Professor and HOD Karpaga Vinayaga Institute of Dental Sciences, Tamil Nadu). Total 5 sessions of lectures on Management of Sagittal and Transverse Discrepancy using Implant Mechanics and Surgery and Case Guidelines for IBO Examinations by Dr Ashwin Mathew George, Hydrophilic Primers - A Boon or Bane, Aligner Orthodontics. A



Release of Comprehensive Review Textbook and An Overview of Questionnaire for MDS Examination in Orthodontics and Dentofacial Orthopedics by Dr. Nirupama C,



Introduction of speakers by Dr.Uday Kumar Digumarthi, Professor & HOD

Infrazygomatic Crestal Implants Biomechanics & its comparison with Headgear, vertical dimension demystified and Biomechanical Considerations in Management of VSD by Dr.Vineeth V T. A total of 90 participants including private orthodontic practitioners from all over AP and Telangana have attended the program.



Jyothiprajwalana

Felicitation of Dr.Santhosh Ramegowda



GSL Post graduates





VISHNU Post graduates

ST.JOSEPH Post graduates



KIDS Post graduates

SREE SAI Post graduates



GITAM Post graduates



ANIDS Group photo



NARAYANA Post graduates



MEENAKSHI AMMAL DENTAL COLLEGE, CHENNAI

The First college to celebrate the Orthodontic week celebrations on 30thSep 2022 itself.



SRI VENKATESWARA DENTAL COLLEGE, CHENNAI







SAVEETHA DENTAL COLLEGE, CHENNAI



ASAN MEMORIAL DENTAL COLLEGE, CHENNAI



RAGAS DENTAL COLLEGE, CHENNAI

National Orthodontic week was celebrated at Ragas Dental College Chennai. Posters and play cards depicting benefits of Orthodontic treatment, Debates for postgraduate students, Patient testimonials and Artistic wire bending for undergraduate students were some of the highlights



KARPAGA VINAYAGA INSTITUTE OF DENTAL SCIENCES, CHENNAI





SRM DENTAL COLLEGE, RAMAPURAM, CHENNAI



SRI RAMACHANDRA DENTAL COLLEGE, CHENNAI





Team SRMC wishes you all a happy orthodontic week



SATHYABAMA DENTAL COLLEGE, CHENNAI



TAMILNADU GOVERNMENT DENTAL COLLEGE, CHENNAI



IOS -MOSG Orthodontic week celebrations in the department saw a gamut of events including Rangoli, Slogans, Creative wire bending and Reels. The week ended with a ECO/PHOTO walk @ The Tholkapiar Poonga, an amazing Ecosystem right in the middle of the city. The department takes immense pleasure in showcasing the visuals to the study group







ADHIPARASAKTHI DENTAL COLLEGE, CHENNAI













THAI MOOGAMBIGAI DENTAL COLLEGE, CHENNAI



PRIYADARSHINI DENTAL COLLEGE, CHENNAI

Priyadarshini Dental college continued the IOS orthodontics week celebrations by decorating the Department colorfully and conducting the competitions for UG's like Awareness E-Poster, Reels on Braces, Best Smile Photography, Creative Artwork and Smile Slogans. Followed by Lecture to all the UGs on False treatment Propaganda in Orthodontics.



SOUTH-WEST TAMILNADU ORTHODONTIC STUDY GROUP

Orthodontic week celebration organised by south west Tamil Nadu orthodontic study group, PSN Engineering college, SM Dental, supported by Rotary club of Tirunelveli suburban and Rotary club of Tirunelveli Town. Chief Guest - Mrs Vasanthi Balasubramanian, panchayat leader and Manikandan, Principal, PSN Engineering college. Orientation program about orthodontics by Dr.Dhivakar, convenor, south west Tamil Nadu orthodontic study group at community Hall, melathediyoor, Tirunelveli, Tamil Nadu on 7th Oct 2022.





CDE programme "Foster Smile Globally" – 6 speakers, 10posters and 15 poster participants competition for postgraduate students was conducted by South West Tamilnadu Orthodontic Study Group at Vivekanandha Dental College for Women, Thiruchengode on 16th Oct 2022 which was organized by the Conveners Dr.Dhivakar Selvaraj, Dr.Nagalakshmi and Dr.Jason Roy.





Adesh Institute of Dental Sciences & Research, Bathinda (Punjab)



DOWNPORT OF ORTHODONTICS

The Department of Orthodontics & Dentofacial Orthopedics from Adesh Institute of Dental Sciences & Research, Bathinda celebrated the occasion of "National Orthodontist day" on 5th October, 2022. With enthusiastic participations; Dr Amanish Singh Shinh (Principal, Professor & Head), faculty members and PG students of Orthodontic department planned a fun-filled day with lots of activities such as singing, cake cutting ceremony, poster presentation & showcasing of artistic wire bending. This occasion was graced by all HODs and faculty members of the college.

As part of Orthodontic week celebration, the department conducted orthodontic awareness and a free dental checkup camp across all the colleges of Adesh University. Around 4000 students were examined and hence were explained the mportance of orthodontic treatment.



JCD Dental College, Sirsa (Haryana)

"Orthodontists create a smile curve that flattens all obstacles."

On the occasion of Orthodontic Awareness Week, a "Festive Wire Bending Contest" was organized by the Department of Orthodontics and Dentofacial Orthopaedics in JCD Dental College, Sirsa. Students from both under graduate and post graduate courses along with faculty members participated in the contest with fervent enthusiasm.

Creativity has no boundaries as was exemplified by the participants who made amazing and awe inspiring two and three dimensional wire marvels. They ranged from festivals, jewelry, social messages and beautiful art pieces. The event was thoroughly enjoyed by the staff and students alike. The contest was judged on the basis of idea, creativity and execution efficiency. The quality of the wire bending mesmerized the judges. The event ended with distribution of prizes, medals, certificates and chocolates.

This event created a buzz amongst the students. The level of participation and the quality of the wire bending had ensured that such activities inculcated a sense of curiosity for the subject of Orthodontics.











Swami Devi Dyal Dental College, Barwala (Haryana)

The prestigious occasion of National Orthodontist Day (5th October) was celebrated with great enthusiasm by the faculty and post graduates of Department of Orthodontics, Swami Devi Dyal Dental College & Hospital, Barwala (Panchkula). It was celebrated with the esteemed presence of Dr. Shruti Mittal (Professor & Head), Dr. Prerna Hoogan Teja & Dr. Rohini Sharma.

The celebrations started with the cake cutting followed by participation in innovative wire bending by the post graduate students Dr. Mohit, Dr. Vikas, Dr. Nazia, Dr. Aashee, Dr. Gunjan & Dr. Mahak with zeal and enthusiasm.

Theme related Rangoli & stone paintings were made by interns which further added colors to the celebrations. The day concluded with a lecture which was delivered to the patients and their parents in regards to the Orthodontic awareness. The lecture also described the myths to be avoided & explained the factuality of orthodontic treatment in the recent scenario.







Indian Orthodontic Society

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Culath

Dr. Sanjay Labh Hon. Secretary, IOS

Correspondance to Dr.Sanjay Labh Hon. Secretary IOS, Centre for Advanced Dental Care, Shipra Krishna Vista Plaza, Indirapuram, Ghaziabad 201014. Delhi NCR

IOS Head Office

New No. 8/51a Old No. 2/112, 2nd Floor, Mount Poonamallee Road, Iyyappanthangal, Chennai-600056. (Landmark: Shree Ambika Electricals) Registered Office: Indian Orthodontic Society 97, Periya Kazhanikattu Street, Velapadi, Vellore-632001.

Registered with registrar of societies act, Vellore vide no. 75 of 1992

BIOMECHANICS IN ORTHODONTICS



Department of Orthodontics, BBDCODS, BBDU has successfully conducted a CDE program titled "BIOMECHANICS IN ORTHODONTICS" at conference hall, BBDCODS on 10th &11th Oct, 22 under supervision and guidance of Dr. Rohit Khanna, Professor and Head, in collaboration with OSGOL under aegis of Indian Orthodontic Society. CDE program was conducted by esteemed speaker Dr. Vinay Chugh, Additional Professor, Orthodontics Department of Dentistry, AIIM

S, Jodhpur. The program was attended by 70 plus participants including stalwarts of Orthodontic fraternity, faculty and postgraduate students of various dental colleges. The program was spanned over two days with lectures elaborating on basics of Biomechanics, force systems and its clinical application in Orthodontics. Hands on course covered fabrication and biomechanics of intrusion arches, T loop, torquing arch etc. The program was indeed an academic delight for budding orthodontists and in-depth knowledge of biomechanics will help them in following any orthodontic technique as per the case.





DR. ASHISH GUPTA The Celebrity Orthodontist



Interviewed by: **Dr. Ankit Sikri** (Section Editor) @ Friends Club, New Delhi

Interview (Virtual): **Dr. Santosh Ramegowda** @ Zoom Platform, Bengaluru





Childhood Days

Dr. Ashish Gupta was born on 20th May, 1975 in New Delhi and was brought up in a simple, middle class family. His father, Dr. J.P. Gupta (Prosthodontist) and mother, Mrs. Prabha Gupta (school teacher) were his guiding force during the early childhood days. He did his schooling from Don Bosco School, Alaknanda (New Delhi). As both his parents were working, he realized the importance of discipline, hardwork and

grit very early in his life. His childhood went through a rough patch during the period of emergency in the country and the Sikh riots which happened in 1984 and later in 1991, due to formation of Mandal Commission. But all this did not deter him from his aim of growing up to become a dental surgeon.



The Dentistry Debut

He always looked up to his father as a role model. He was really fascinated with the dental profession since childhood, watching dental p r o c e d u r e s b e i n g performed every day and hence despite being given an opportunity to opt for medicine, he chose to go into the field of dentistry and later specialize in Orthodontics. He did his

Bachelors from Vasantdada Patil Dental College, Sangli (Maharashtra) securing second rank in the university along with the honour of best outgoing intern and Masters in Orthodontics from Saveetha Dental College, Chennai (Tamil Nadu). Later on; he completed his DNB (Diplomate of National Boards) where he was awarded his degree through the then President of India, Dr. A.P.J. Abdul Kalam. Furthermore, he also did his M. Orth and FDS from Royal College of Surgeons, Edinburgh (UK) and eventually also completed his Doctorate of Philosophy (PhD)

Family Life



He was blessed to stay with his parents in New Delhi. His wife, Dr. Poonam Gupta is an Oral & Maxillofacial Surgeon and was his batch mate since BDS first year. After nine years of their brief courtship, they both got married in December 2002. They have been blessed with a daughter, Ananya and a son, Abhay. He considers his wife as the real backbone of their family.

Credentials

He started his private practice in year 1998. He initially served as an undergraduate teacher and went on to serve as Head of the Department and

postgraduate guide. He is currently the Convenor of Orthodontic Study group of Delhi (OSGOD). He was also an executive committee member of Indian Orthodontic Society for six times. He initiated the first ever overseas Mid - Year Convention at Thailand followed by Hong Kong and Singapore. He

was a COC Member of 44th Indian Orthodontic Conference, New Delhi and also for APOS Conference in 2012. He served as the Secretary of Don Bosco Alumni from the year 2006 -2018. He is also associated with IDA Delhi Branch in capacity of the state EC Member and Chairman CDE. He is into a lot of philanthropic activities pertaining to Arya Samaj Mandir, Red Cross Society, Cancer Care, Blind welfare association,



orphanage work and Vaish Rajvansh Sabha. He has been a regular invitee to the Rashtrapati Bhavan for the 'In vesture Ceremony' and the 'Padma Awards' by the first citizen of the country.

His Role Models

He has always looked upon his father as his ideal and his mother for installing discipline in his life. He bows down his head in gratitude to Dr. S. Rangachari who is his teacher; guide and mentor along with Dr. R. Rajagopal, Dr.Shyamla and Dr. Shantha Sundari; during his PG days in Chennai. Along with them, he fondly remembers Late Dr. C.R. Naik (Pune), Late Dr. Avinash Shipurkar (Kolhapur) and Dr. Ravi Gupta (Pune) who were instrumental in steering him towards the world of Orthodontics

Awards and Rewards

In March 2021, Forbes India magazine decided to feature him in their edition for his exemplary services in Dentistry and the same rendered to the society





during the COVID stricken times. He has the honour of being awarded as "Saveetha Rathna" in June 2022. The honour was bestowed to him by his Alma Mater Saveetha Dental College for his recognition of his professional achievements.

Recently in 2022, on occasion of Azadi ka Amrit Mahotsav, India Today magazine decided to come up with a coffee book to honour hundred Indian citizens which were featured as the icons of India and he was the only Orthodontist amongst those hundred esteemed professionals.



Currently, he has co-authored a book on dentistry titled "Alpha Dentistry" in collaboration with nine international authors and this book is set to be released on 13th November, 2022. It will also be available in a Hindi Edition.

Words of Wisdom for the youngsters

"There is no escalator for success". Nothing succeeds like hardwork, determination and professional ethics. To excel, one has to keep raising the bar of one's excellence and goals and not to rest upon past laurels and/or achievements. It is amazing to know that the young and promising post graduates in the field of Orthodontics are getting one of its kind exposure in terms of cutting edge technology be it 3D imaging, digital scanners, CAD-CAM and 3D printing. TADs, Fixed Functional Appliances & Aligners being my special areas of interest and having two intra oral scanners and a full CEREC CAD-CAM set up at the



centre; I strongly believe "Change is the only constant in life". One need to embrace the technology with open arms, adapt and incorporate otherwise one will become extinct like the Dinosaurs. In the end, I would conclude by saying that one should never ever compare his/her chapter 27 with someone's chapter 45....But believe in 'Apna Time Aayega!'





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OBITUARY

Dr P P Jacob



Indian Orthodontic Society mourns on the sad demise of our Dear Respected Senior Member, Dr P P Jacob who left for his heavenly abode on 6th November 2022.

He was the founder of the prestigious Dept of Orthodontics, Govt. Dental College Trivandrum.

A great Teacher and a very humble person, he is lovingly remembered by not only his students and colleagues, but also by any individual who had interacted with him.

We bow in salutation to the doyen of Kerala and Indian Orthodontics.

Your teachings and memories will continue to guide us to the right path.

In order to commemorate his contributions, his students along with his well wishers started The PP Jacob award for the best scientific paper published in JIOS.

Rest in Peace Sir.

Dr. Jayant Dehadrai.

It is moment of Deep Sorrow to hear about sad demise of our Past Hon. Secretary, Dr. Jayant Dehadrai.

Dr. Jayant Dehadrai graduated in Dental Surgery from King George's Medical College, Lucknow from the 1968 Batch and later went on to attain his masters in Orthodontics from the same institution.

After graduation he settled down in Ahemdabad and established his own private practice.

He served in the executive committee of the Indian Orthodontic Society in 1984-1985 and 1987-1988. He served as the Hon. Secretary of the Indian Orthodontic Society from 2002-2006.



He is survived by his wife, Smita: and son, Mukul and daughter, Anushree.

Om Shanti, Om Sadgati





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